



Richard Borden - President July, 2000, to July, 2003

2000 - 2003 Richard A. Borden , PhD, CSCS, FNSCA

President Borden says, “Reorganization of the format of the Board was a priority. Only main motions were on the agenda. Motions needed to have acceptable format, with support statements.”

President Borden formalized the Board meetings and developed a more structured annual meeting. He introduced Special Interest Groups.

He moved to eliminate artificial categories of membership on the Board such as Vice president for Education, and moved to eliminate the outdated category of President Elect and extend the Presidential term to three years as with all Board Members.

He established board study groups for input to the Board on controversial issues.

He established a formal Executive Director evaluation with formal input from the NSCA Board, NSCA staff, and peers.

2000, July - Bob Jursnick is named NSCA Executive Director.

2000, - Essentials of Strength Training and Conditioning second edition *is published by Human Kinetics.*



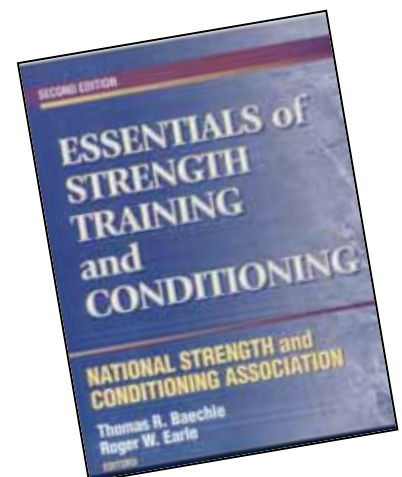
2000 - 2003 Richard A. Borden , PhD, CSCS, FNSCA is NSCA President



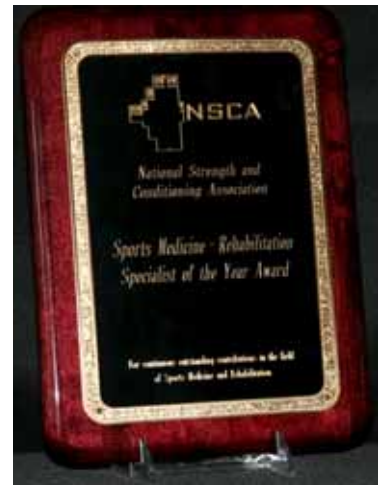
NSCA Executive Director
Bob Jursnick



President Dr. Richard A. Borden started off his Presidency by wearing a sign that says “The Buck Stops Here”



2000, - College strength coaches requested the CSCS credential to include experience to identify and recognize those coaches that could conduct strength and conditioning programs for athletes. Dr. Baechle did a tremendous job putting the certification program in place but when he refused to add an experience component to the CSCS credential it caused dissension in the college strength coaching ranks. Dr. Chuck Stiggins led a group of college strength coaches to create an association restricted to full-time college strength coaches.



Sports Medicine/
Rehabilitation Award



Lymperis (Perry) Koziris
wins the Outstanding
Investigator with Dr, Stout
and Dr. Haff

2001, July - The Sports Medicine/ Rehabilitation Specialist of the Year is presented for the first time to Dr. Donald Chu.

2001, July - College Strength and Conditioning Professional of the Year Award was presented to John Taylor of New Mexico State University.

2001, July - The High School S&C Professional of the Year was presented to Stephen Nunnink of Brainard H.S.

2001, July - The JSCR Editorial Excellence Award is presented to Jay Hoffman and Jeffrey R. Stout.

2001, July - The Outstanding Investigator Award is presented to Dr. Greg Haff, Dr. Jeff Stout, and Dr. Lymperis P. Koziris.

2001, July - the Personal Trainer of the Year Award is presented to Dr. Anthony A. Abbot

2001, July - The NSCA Presidents Award was presented to Patrick Mediate.

2001, July, - The SCJ Editorial Excellence Award is presented to Allen R. Hedrick.



Dr. Don Chu wins the First
Sports Medicine/
Rehabilitation Award



Dr. Jeff Stout wins JSCR
Award with Dr. Jay Hoffman

2001, July - The Outstanding Sport Scientist Award was presented to Dr. Jerry Mayhew.

2001, - President Borden laid the ground work for specialization certification beyond the CSCS with a published presidential message comparing the CSCS to entrance professional certification and then professionals branching out.

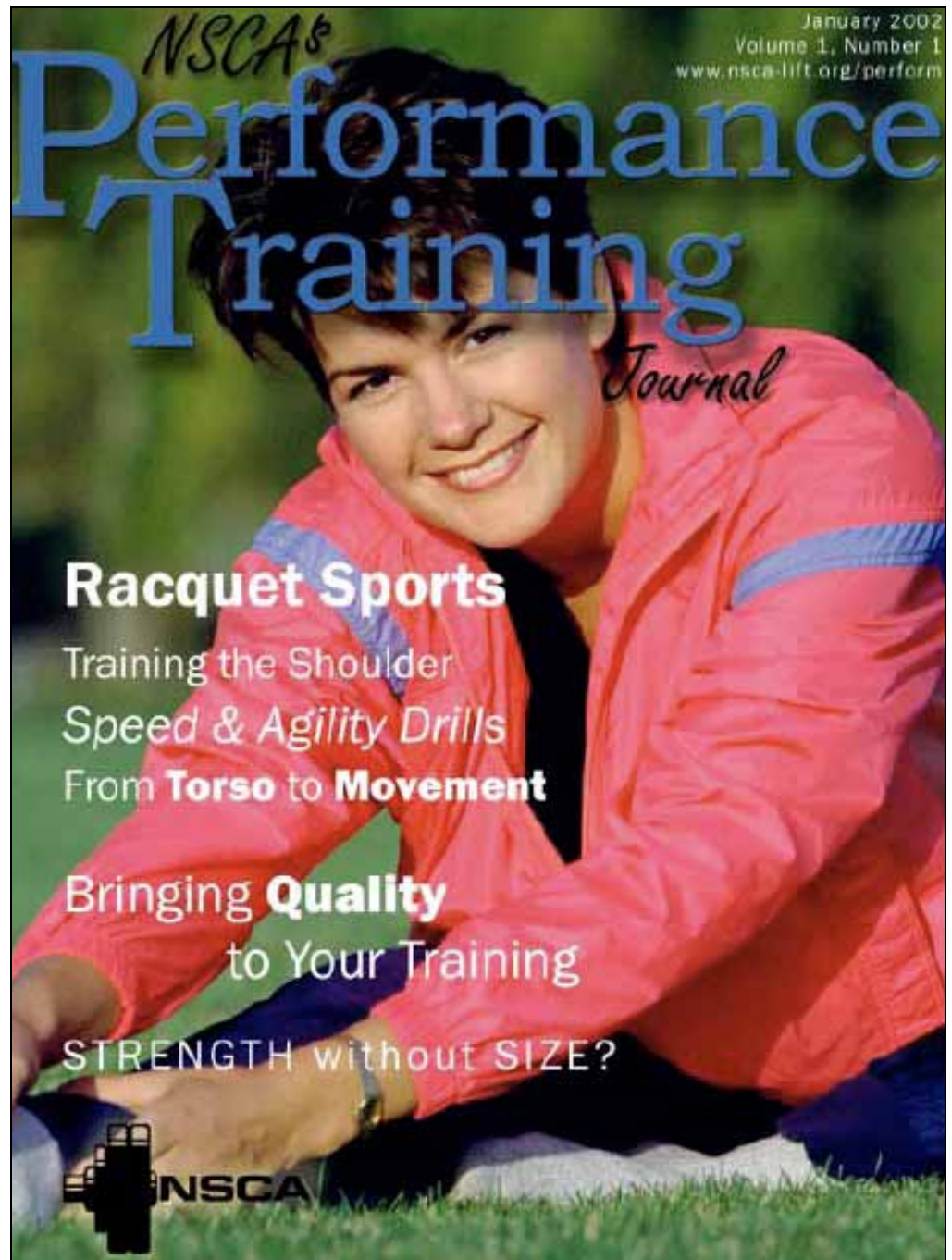
He Initiated the first leadership development workshop to increase the leadership numbers and to pull new leadership “blood” into the organization.

He presented to the Board new concepts of their role and authority in organizational management, such as their jurisdiction over the Certification Commission.

2001, - President Borden presented the concept that the Certification Commission did not exist in a vacuum and that they would not lose NOCA certification if they were incorporated into the NSCA like they were set up originally.

He worked with Executive Director Bob Jursnick to extend the NSCA beyond the comfort zone of strength and conditioning and expose the NSCA to collateral groups, such as, US Olympic Committee, the NCAA. He initiated the Standards of Practice document for the CSCS professionals.

2002, January - The NSCA Performance Training Journal was first offered.



First NSCA PTJ in 2002



Joe Kenn wins the College Strength and Conditioning Professional of the Year Award

2002, - President Borden established new guidelines for membership, such as professional (CSCS, CPT) and associate (Non CSCS or CPT), with criteria and privileges.

He also moved to establish an elected nominating committee.

2002, July - College Strength and Conditioning Professional of the Year Award was presented to Joseph Kenn of Arizona State University.

2002 July - The High School S&C Professional of the Year was presented to Rosalin Hanna which marked the first time a female won this award.

2002, - The JSCR Editorial Excellence Award is presented to Dr. Lee Brown

2002, - The Outstanding Investigator Award is presented to Dr. Tammy K. Evetovich.

2002, - The Personal Trainer of the Year Award is presented to Patrick Hagerman.

2002 July 10th - Bo Jackson and Boyd Epley were Keynote speakers at the NSCA's 25th convention.



Dr. Lee Brown wins the JSCR Award

Bo Jackson Boyd Epley were Keynote Speakers at the 25th Convention



Bo Jackson

2002, July - The Educator of the Year Award was presented for the first time to Dr. William Kraemer.

2002, July - The SCJ Editorial Excellence Award is presented to Michael H. Stone.

2002, July - The Sports Medicine/Rehabilitation Specialist of the Year is presented to Jeff Fahrebruch.

2002, July - The Outstanding Sport Scientist Award was presented to Dr. Michael Bemben.



The Educator of the Year Award was presented for the first time



Dr. Richard Borden addresses problems with the Certification Commission



Dr. William J. (Bill) Kraemer wins the first ever Educator Award

2003, President Borden continued to push the NSCA Board to remove the Certification Commission and its actives from the NSCA by-laws with motions at every meeting but with No luck! He prepared a White Paper on the relationship between the NSCA Board and the Certification Commission.

President Borden pointed out some very serious issues in his White Paper that would later come to a head under President Lee Brown's leadership. Borden wrote, "Although the Certification Commission is legally under the jurisdiction and governance of the BOD, it is doing business as a financially independent organization and in many instances represents the NSCA in business dealings. Accordingly the BOD over the years has adopted a "hands off" approach to the Commission and afforded them a degree of independence not warranted by the NSCA by-laws. This manner of independence may put the NSCA 501c3 tax status at risk and this is the most valuable asset of the association. Currently the Certification Commission uses the NSCA federal identification number and tax-exempt status with no oversight by the Board."



Dr. Michael Stone wins the SCJ Award



Allen Hedrick of Air Force is the College Strength and Conditioning Professional of the Year

2003, July - The Research Achievement Award was presented for the first time to Jeff Volak, PhD, CSCS*D.

2003, July - College Strength and Conditioning Professional of the Year Award was presented to Allen Hedrick of Air Force.

2003, July - The Educator of the Year Award was to Dr. Jay Hoffman.

2003, July - The JSCR Editorial Excellence Award is presented to Dr. Bruce Craig.

2003, July - The High School S&C Professional of the Year was presented to Larry Meadors.

2003, July - The Outstanding Investigator Award is presented to Dr. Lee Brown.

2003, July - The Personal Trainer of the Year Award is presented to Gina Lombardi which marks the first time a female has won this award.

2003, July - The NSCA Presidents Award was presented to Helen Brinkley.

2003, July - The SCJ Editorial Excellence Award is presented to Avery Faigenbaum

2003, July - The Sports Medicine/ Rehabilitation Specialist of the Year is presented to Todd Ellenbecker.

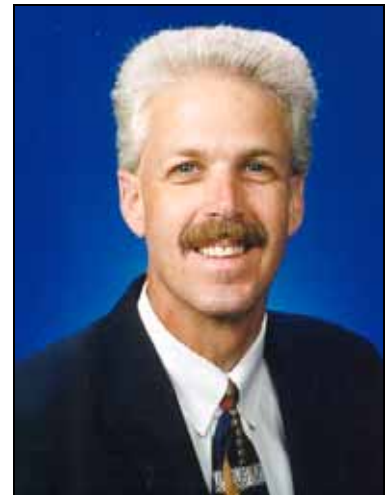
2003, July - The Outstanding Sport Scientist Award was presented to Dr. Lawrence Weiss.



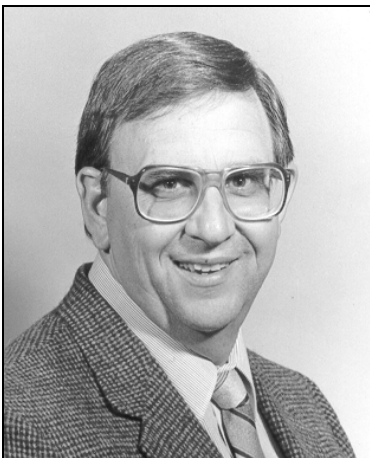
Research Achievement Award presented for the First time.



Dr. Helen Brinkley wins the Presidents Award



Dr. Lee Brown is Outstanding Investigator



President Richard A. Borden



Dr. Jay Hoffman is the Educator of the Year