

BOARD OF DIRECTORS ZOOM MEETING MINUTES

FRIDAY, OCTOBER 6, 2023

Members participating in this meeting: Dr. Brent Alvar, Dr. Ian Jeffreys (non-voting), Dr. Disa Hatfield, Dr. Jaynie Bjornaraa, Mr. Robert Linkul, Dr. Brandon Roberts, Dr. Duncan French, Ms. Kimberley Koy, Dr. Jay Dawes, and Mr. Antonio Squillante.

Also present at times: *NSCA Guest:* Colin Wilborn, CASCE Board Chair; *NSCA Foundation Staff:* Carissa Gump. *NSCA Staff:* Michael Massik, Lee Madden, Alonso Montiel, Mary-Clare Brennan, and Christina Templeton.

The meeting of the NSCA Board of Directors was called to order at 11:01 am Mountain Time (MT) on Friday, October 6, 2023, by Dr. Brent Alvar, NSCA President. A quorum was present.

CONSENT AGENDA

The following motions were adopted by unanimous consent:

- » **2023-10-06-01** – Approval of the July 11, 2023 Board of Directors Meeting Minutes
Adopted Motion: That the Board of Directors approve the July 11, 2023 Board of Directors Meeting Minutes as presented.
- » **2023-10-06-02** – Approval of the July 12, 2023 Board of Directors Meeting Minutes
Adopted Motion: That the Board of Directors approve the July 12, 2023 Board of Directors Meeting Minutes as presented.
- » **2023-10-06-03** – Approval of the July 15, 2023 Board of Directors Meeting Minutes
Adopted Motion: That the Board of Directors approve the July 15, 2023 Board of Directors Meeting Minutes as corrected.
- » **2023-10-06-04** – 2024 Directed Research Grant Topic
Adopted Motion: That the Board of Directors approve Performance Evaluation and Benchmarking as the 2024 NSCA Directed Research Grant topic.

GENERAL ORDERS

- » **2023-07-15-01** – Approval of the amendment to the Bylaws
Proposed by: Dr. Brent Alvar Vote: Passed Unanimously
Seconded by: Dr. Robert Linkul
Adopted Motion: That the Board of Directors amend the NSCA’s Bylaws by inserting “The President-Elect candidate shall have served at least one full term on the Board of Directors.” as bullet c) under Article II, Section 3.



REPORTS

- » **2023-10-06-06** – Approval of CASCE as the NSCA-Approved Accrediting Agency

Proposed by: Dr. Brent Alvar Vote: Passed Unanimously

Seconded by: Dr. Jaynie Bjornaraa

Adopted Motion: That the Board of Directors approve the Council on Accreditation of Strength and Conditioning Education (CASCE) as the NSCA-Approved Accrediting Agency effective immediately.

Without objection, motion 2023-10-06-07 was tabled to allow Dr. Wilborn to present the CASCE report.

Dr. Colin Wilborn presented the annual Council on Accreditation of Strength and Conditioning Education (CASCE) report to the Board.

Without objection, motion 2023-10-06-07 was taken off the table and continued.

- » **2023-10-06-07** – Budget Variance for CASCE

Proposed by: Dr. Brent Alvar Vote: Passed Unanimously

Seconded by: Dr. Jay Dawes

Adopted Motion: That the Board of Directors approve a budget variance of \$200,000 for fiscal year ending March 31, 2024 in support of developing Council on Accreditation of Strength and Conditioning Education (CASCE) grants, software, and program enhancements.

DISCUSSION ITEMS

- » The Board discussed a memo sent by the Women’s Committee.
- » The Board requests that the Women's and Diversity, Equity, and Inclusion committees explore the existing awards and present any ideas for changes or expansion to the Awards and Honors Committee.

Dr. Brent Alvar motioned to adjourn the meeting. It was seconded by Mr. Robert Linkul and adopted. The meeting adjourned on October 6, 2023, at 12:19 pm MT.