

NSCA Nutritional Research Achievement Award Criteria Sheet

Name of Nominee: _____

NOTE: Presentations delivered on multiple occasions may only be scored once. Points are awarded only for last **five** calendar years: for the 2025 award, points are awarded for **January 2020 - December 2024** **with only research activity related to nutrition presented, unless specified otherwise.**

Criteria	Item Value	Pts Awarded
Absolute Eligibility Information		
Must be current member of the NSCA	Yes / No	N/A
Nominee is active member and contributor to NSCA	Yes / No	N/A
Has publication record in areas of nutrition (sports nutrition, ergogenic aids, etc.)	Yes / No	N/A
Has not have previously won this award	Yes / No	N/A

Publications in NSCA and Applied Exercise and Sports Science Publications	Item Value	Pts Awarded
All publication related activity MUST be on a nutritionally related topic		
Authored, co-authored, edited or co-edited a NSCA book related to fitness, sports medicine or nutrition	4/3 pts/book	
Authored or co-authored JSCR article	4/3 pts/article	
Authored or co-authored NSCA position statement	4/3 pts/paper	
Authored or co-authored chapter in NSCA book	4/3 pts/chapter	
Authored or co-authored NSCA 'Hot Topics'	2/1 pts/article	
Authored or co-authored SCJ article	3/2 pts/article	
Authored, co-authored, edited or co-edited a book related to nutrition	3/2 pts/book	
Authored or co-authored a peer-reviewed article or position statement related to nutrition in non-NSCA national or international publication	3/2 pts/article	
Publications Subtotal		

Presentations at NSCA and other Applied Exercise and Sports Science Conventions	Item Value	Pts Awarded
All publication related activity MUST be on a nutritionally related topic		
Featured presentation (presenter or co-presenter) at NSCA National Conference or at NSCA jointly sponsored event	3/2 pts/presentation	
Abstract presentation (presenter or co-author of an oral or poster) at NSCA National Conference	2/1 pts/presentation	
From the field presentation (presenter or co-presenter) at NSCA National Conference	2/1 pts/presentation	
Presentation (presenter or co-presenter) at NSCA Coaches Conference	2/1 pts/presentation	

Presentation (presenter or co-presenter) at NSCA Personal Trainers Conference	2/1 pts/presentation	
Presentation (presenter or co-presenter) at NSCA State or Regional Conference	2/1 pts/presentation	
Presentation (presenter or co-presenter) at NSCA-CSCS or NSCA-CPT symposia	2/1 pts/presentation	
Presentation (presenter or co-presenter) at NSCA Performance symposia	2/1 pts/presentation	
Presentation (presenter or co-presenter) at NSCA TSAC Conference	2/1 pts/presentation	
Presentation (presenter or co-presenter) at NSCA European Conference	2/1 pts/presentation	
Featured presentation (presenter or co-presenter) of topic related to nutrition at a non-NSCA national or international convention	2/1 pts/presentation	
Abstract presentation (presenter or co-author of an oral or poster) of topic related to nutrition at a non-NSCA national or international convention	2/1 pts/presentation	
Presentations Subtotal		

Certification/Education		
Currently NSCA Fellow	3 pts	
Currently CSCS certified	3 pts	
Currently NSCA-CPT	2 pts	
Years holding NSCA Certifications	1 pt/3 yr period	
Certification/Education Subtotal		

Research-related Service		
Editor-In-Chief, JSCR or SCJ	4 pts/journal	
Senior Associate Editor, JSCR or SCJ	3 pts/journal	
Associate Editor, JSCR or SCJ	2 pts/journal	
Reviewer for JSCR or SCJ manuscripts (3/yr)	1 pt/yr	
Reviewer of NSCA grants or abstracts	1 pt/yr	
Subtotal		
Total points		

Self-Advocacy Statement		
Within 100 words, explain why you deserve to be selected as the recipient of the 2025 Nutritional Research Achievement award.		