



# NSCA ALL-AMERICAN STRENGTH AND CONDITIONING ATHLETES OF THE YEAR

## COLLEGE — DISC GOLF

### Trinity Western University

#### JOYCE LEUNG

#### Senior

Joyce is one of the hardest working Spartans I have ever met, in and out of Sparta. She is always looking for ways to improve, hit new PRs, ask questions, and ensure her teammates are holding up their end as well. Joyce has come a long way in the last few years in Sparta and has become one of the most consistent athletes I see and makes no mistake in pushing herself to get better each and every day in all areas of her life. Very mature, very reliable.

~Cole Hergott