

# BOARD OF DIRECTORS MEETING MINUTES

## WEDNESDAY, JANUARY 3, 2024

**Meeting location:** Southern Hemisphere V, The Swan and Dolphin Resort, 1200 Epcot Resorts Blvd, Lake Buena Vista, FL and Zoom

**Members participating in this meeting:** *In-person:* Dr. Brent Alvar, Dr. Ian Jeffreys (non-voting), Dr. Disa Hatfield, Dr. Jaynie Bjornaraa, Dr. Jay Dawes, Mr. Antonio Squillante, Dr. Brandon Roberts, and Ms. Kim Koy; *Zoom:* Mr. Robert Linkul and Dr. Duncan French.

**Also present at times:** *Guests by Zoom:* Committee Members: Dr. Monica Taylor (Diversity Equity, and Inclusion Chair) and Dr. Derek Kingsley (Membership); Senger Design Group: Ms. Cindy Senger, Mr. Chris Senger, Ms. Beth Vincent, Ms. Kate McNamara, and Ms. Allison Bremmer; *NSCA Foundation Staff In-person:* Carissa Gump; *NSCA Staff In-person:* Michael Massik, Lee Madden, Jonathan Sagapolutele, Mary-Clare Brennan, Scott Douglas, and Keith Cinea; *NSCA Staff by Zoom:* Alonso Monteil, Linda Aaberg, and Christina Templeton.

The meeting of the NSCA Board of Directors was called to order at 8:34 AM Eastern Time (ET) on Wednesday, January 3, 2024, by Dr. Brent Alvar, NSCA President. A quorum was present.

### INVITED STAFF REPORT

The Certification Director, Jonathan Sagapolutele presented a recertification effort report to the Board.

### CONSENT AGENDA

The following motion was adopted by unanimous consent:

- » **2024-01-03-01** – Approval of the October 6, 2023 Board of Directors Meeting Minutes  
**Adopted Motion:** That the Board of Directors approve the October 6, 2023 Board of Directors Meeting Minutes as presented.

### REPORTS OF OFFICERS AND COMMITTEES

- » The President presented the Board's annual self-assessment and international Board representation travel report.
- » The Treasurer and CFO provided a brief financial update, announced the budget for 2024-2025 fiscal year is being prepared, and new accounting software is being investigated.
- » The following committee updates were given:





## ***EXECUTIVE SESSION***

Dr. Brent Alvar motioned to go into Executive Session at 1:48 PM ET. Dr. Jay Dawes seconded the motion and was unanimously approved. Michael Massik, Lee Madden, and Christina Templeton were approved by the Board to stay for the career awards discussion. The Board motioned to return to regular session at 2:09 PM ET by Dr. Brent Alvar. It was seconded by Dr. Jaynie Bjornaraa and unanimously approved.

Announcements were made and the meeting was adjourned January 3, 2024, at 2:10 PM ET.