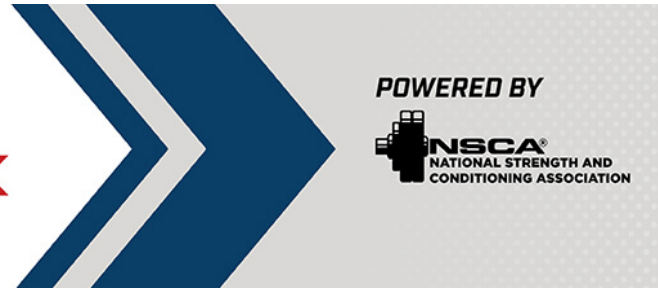




PROFESSIONAL BASEBALL
**STRENGTH &
CONDITIONING**
COACHES SOCIETY
VIRTUAL CLINIC



2021 NSCA / PBSCCS Baseball Sport Science Webinar

Thursday, October 7 | 11 AM – 4 PM Eastern | 0.5 CEUs

Time	Topic	Presenter
10:45 AM – 11:00 AM	Opening Statements	Event Host: Matt Krause, PBSCCS
11:00 AM – 12:55 PM	BLOCK 1: Scientific Approaches to Studying Baseball 11-11:25 AM: Biomechanists in MLB: What We Do and How We Do It 11:30-11:55 AM: Application of Imaging, Modeling, and AI to Hamstring Injuries 12-12:25 PM: What is Your Baseball Research Agenda and How Do You Pick Your Focus? 12:30-12:55 PM: Q&A Session / Recap	Dr. Kenneth Smale, PhD, CSCS Los Angeles Angels Dr. Silvia Blemker, PhD, Springbok Analytics & University of Virginia Dr. Andy Fry, PhD, CSCS,*D, FNCSA, Jayhawk Performance Lab
1:00 PM – 2:00 PM	NSCA Baseball and Sport Science SIG Performance Technology Working Lunch Roundtable	
2:00 PM – 3:55 PM	BLOCK 2: Sport Science Methods and Interventions 2-2:25 PM: Meaningful Statistics and Getting the Most from Our Data 2:30-2:55 PM: Monitoring Neuromuscular Fatigue in MLB: Theory to Practice 3-3:25 PM: The Love Triangle of Strength & Conditioning, Data Technology, and Sport Skill Staff 3:30-3:55 PM: Q&A Session / Recap	Brandon Stone, PhD, CSCS,*D, Toronto Blue Jays Austin Driggers, MA, CSCS,*D, Kansas City Royals Ian Kadish, CSCS, RSCC, Minnesota Twins
3:55 PM – 4:00 PM	Closing Statements	Event Host: Matt Krause, PBSCCS