

## 2025 NSCA SOUTHEAST REGIONAL CONFERENCE - ABSTRACT SUBMISSION INSTRUCTIONS AND FORM

*This year the NSCA Southeast Regional Conference is accepting abstract submission for poster presentations by undergraduate and graduate students.*

### **Please carefully read over the directions and then complete the submission form:**

1. Abstracts may only be submitted online.
2. There is no fee to submit an abstract for the NSCA SE Regional Conference.
3. When complete, please email the abstract and the submission form to Dr. Jay Patel at [patelj4@mailbox.sc.edu](mailto:patelj4@mailbox.sc.edu). Please note in the subject line: "NSCA SE Abstract Submission".
4. The submission deadline is March 7<sup>th</sup>, 2025, by 5pm EST.

### **RESEARCH ABSTRACT SUBMISSION GUIDELINES:**

1. Abstracts must be original research studies and include only original data that are unpublished. Narrative reviews, systematic reviews, and meta-analyses will not be accepted.
2. Abstracts may not have been previously presented (except at an NSCA regional or national conference).
3. All data collection must be completed at the time of submission. Incomplete data collection will not be accepted.
4. Do not submit abstracts containing data currently in press. If data contained in an accepted abstract is published (paper, electronic, or other format) prior to the abstract's submission to the Conference, the abstract will be withdrawn.
5. Case studies (involving clinical cases, rare circumstances, adverse events, etc.) will only be considered on an individual basis.
6. Sample size should be sufficient to draw meaningful conclusions based on primary statistical analyses used.
7. The first author of the research abstract is the primary author and must present the abstract. However, all authors must approve the abstract prior to submission.
8. One person may be the primary author on a maximum of two abstracts (only one may be submitted as a podium presentation).
9. The number of authors for each abstract is limited to ten (10). An author is defined as an individual identified by the research group to have made substantial contributions to the reported work and agrees to be accountable for these contributions.

### **ABSTRACT REVIEW PROCESS:**

1. NSCA will notify the lead author of receipt of the abstract by email within one week of the submission deadline.
2. The State/Regional director(s) will be serving on the Review Committee and are responsible for reviewing the NSCA Research Abstracts to ensure that the correct formatting has been applied and to solicit blinded external review(s) for scientific content.
3. As soon as the Abstract Review Committee has completed its work, the lead author will be notified by email concerning the acceptance of the abstract.
4. The first author must present the abstract.



**ABSTRACT SUBMISSION FORM:**

<p><b>First Author/Presenter:</b></p> <p>Name: Address: City, ST:                      Zip Code: Phone: Email: NSCA Student Member ID:</p>	<p><b>Direct questions to:</b></p> <p>Jay Patel, PhD, CPSS,*D, CSCS, TSAC-F State Director, NSCA South Carolina <a href="mailto:patelj4@mailbox.sc.edu">patelj4@mailbox.sc.edu</a></p>
<p><b>ABSTRACT FORMATTING SPECIFICATIONS:</b></p> <p>1. The body of the abstract cannot exceed 3,500 characters (including spaces) when there is no figure or table included. When there is a figure or table associated with the abstract, the text cannot exceed 3,000 characters (including spaces).</p> <p><b>Copy your Title, Author(s) and Abstract below:</b></p>	